



2/22 A, SEETHAKATHI STREET,
MOGAPPAIR EAST, CHENNAI-37
Ph: 75501 04342 / 73586 20066

AYANAMBAKKAM Times

YOUR NEIGHBOURHOOD NEWSPAPER

Vol.01 = No.41

May 17 - 23, 2026

Free

**WANTED
DESIGNER**

with work experience in
Photoshop, InDesign &
Illustrator

Call: 98401 11711

**POTHYS
SWARNA MAHAL**

Idhu Paripooranathin Adayalam

**MEENAKSHI
COLLECTIONS**

**LIGHTWEIGHT
ANTIQUÉ JEWELLERY**

*"Fierce in strength, radiant in beauty,
and profound in devotion, Goddess Meenakshi
embodies the spirit of divine femininity."*

Pothys Swarna Mahal proudly presents "Meenakshi Collection",
an ode to the eternal grandeur of Goddess Meenakshi -
the queen of Madurai.

Our Meenakshi Collection in 22kt lightweight antique jewellery
reimagines timeless temple artistry for the modern woman -
elegant, effortless, and crafted for every generation. Light in weight
yet rich in intricate craftsmanship, every piece in this collection
is more than an ornament - it is a symbol of her
blessings and prosperity.

Scan QR Code
to watch the
Meenakshi
Collections Video





POTHYS

SWARNA MAHAL

Idhu Paripooranathin Adayalam



**HER GOLD.
INDIA'S
STRENGTH.**

← →
THE LARGEST RESERVE
OF GOLD IN THE WORLD
LIES IN THE HANDS OF
INDIAN WOMEN!



For generations, Indian women have preserved, protected, and grown gold wealth. Their foresight has strengthened not just their families... but the nation itself.

In today's changing times, exchange your old jewellery and help build a new India!

**OLD
GOLD
EXCHANGE
MELA**

GET **₹450**
EXTRA PER GRAM ON
OLD GOLD EXCHANGE

This offer is not applicable on purchase of Gold Coins / Bar.
This offer is valid on gold exchange only.
Limited Period Offer

*Conditions Apply

"WOMEN'S GOLD IS NOW OUR NATION'S STRENGTH."

5 YEARS SERVICE WARRANTY
MOGAPPAIR
24x7 QUICK SERVICE

A/C, FRIDGE, WASHING MACHINE, RO, MICRO OVEN & TV

FACTORY TRAINED ENGINEERS LG IPB Whirlpool

No Visiting Charges ☎ **97103 51039**

SELVI TRADERS BUYING

OLD A/C
 AC 1 Ton Rs. 4,500 ▶ **FRIDGE**
 AC 1.5 Ton Rs. 5,500 ▶ **WASHING MACHINE**
 AC 2 Ton Rs. 6,000 ▶ **BRASS, COPPER**
 ▶ **IRON & ALL SCRAP**

INVERTER BATTERY
 Non Working / Working
Rs. 3000 - 6000

99769 33419

ROSEWOOD, TEAK WOOD & OLD FURNITURE, SOFA SET, COT, BERO, DINING SET, UPS, AC, COMPUTER, LAPTOP, WATER HEATER

NUera Solar
 TURNING SUNLIGHT INTO SAVINGS

3 KW Solar Systems now ₹ 1,99,999/- ₹ 2,20,000/-
5 KW Solar Systems now ₹ 3,20,000/- ₹ 3,50,000/-

UPTO ₹ 78,000/-
GOVT. SUBSIDY AVAILABLE

Vanagaram, Chennai - 95 ☎ **63057 31217** www.nuerasolar.com

TO **ADVERTISE** IN
AYANAMBAKKAM Times
 YOUR NEIGHBOURHOOD NEWSPAPER

CALL
80560 01855
044 4269 0063

Explosion in house causes panic among residents of Ambattur

By N Rathi Chithra

A cross-section of residents of a locality in Ambattur panicked on Thursday night when an explosion occurred at a residential building that was used by a caterer to store food and commercial LPG cylinders.



The explosion occurred at Menambedu in Ambattur and local residents immediately alerted the Ambattur Police Station as well as the local Fire and Rescue Service Station. "We heard a loud explosion and immediately not only us but also the other residents rushed out of their homes. We sensed the explosion had

occurred at an unoccupied house that was used for storage by a caterer. We saw smoke and fire and panicked as we believed it could be an explosive that had gone off," said a local resident, requesting that he be not

named in the media report.

Police along with forensic personnel and sleuths of the bomb squad inspected the site of the explosion suspecting that country bombs could have possibly gone off at the

house. However, there was no trace of explosive substance. Instead, according to police, the explosion was caused by a gas leak inside a room in the house where some commercial LPG cylinders were storied along with food raw materials.

A police officer said the room was completely sealed and had no ventilation due to which it was possible that the leaking gas accumulated rapidly, creating a highly volatile fuel-air mixture. Forensic officials, based on preliminary investigation, said that as the room was tightly shut, the gas that possibly leaked from one of the LPG cylinders, accumulated under pressure.

Thereafter, an explosion occurred in a confined-space, which is why it had blown off the room's walls and windows as well. However, a final conclusion on the cause for the explosion could be arrived at only after further investigation, the officials said.

Since no one was staying in the house, there were no casualties or injuries. Police

struggled to keep away curious onlookers and they had to eventually cordon off the locality to clear debris and also assess the structural safety of the damaged building.

"We are happy to learn that it was only a possible LPG gas cylinder leak related explosion and not due to any explosive substance," said the local resident.

Meet Top business owners in One Place

ARE you an entrepreneur looking to grow your business? Do you want to make powerful connections and learn secrets to success?

The upcoming event is to be held at MM Convention Hall, Vanagaram on May 26. The event will bring together more than 50 top industrial business owners.

This will be an opportunity for one to meet decision-makers, share ideas, and

find new customers or partners. One will also get to learn modern business skills, how to better the trade and how to solve everyday business problems.

On the whole it will help to build a strong network of contacts and can help one's business for years to come.

Those interested call
63850 79972 / 86672 34789.

Don't miss this chance to take your business to the next level.

SCOPE GLOBAL SCHOOL
 Affiliated to CBSE, New Delhi, Vide No. 1931212
MOGAPPAIR EAST
 ☎ **7904354152 / 7904372852**

SRI KRISHNAMMAL MATRICULATION HIGHER SECONDARY SCHOOL
 38 YEARS OF EXPERIENCE IN EDUCATIONAL FIELD

ADMISSIONS OPEN FOR 2026-2027
 LKG TO IX & XI

SALIENT FEATURES

- A.V classes (Digital study)
- Educational Tours
- Trained and qualified teachers
- Transport facility available
- Special Classes
- Smart Board facility
- Advanced & well equipped labs
- Extra curricular activities (Band troop, Yoga, Silambam, Karate)

Units
 Cubs & Bulbuls
 Scouts & Guides
 JRC
 RSP
 NGC

CENTUM RESULTS IN BOARD EXAM
 IN 12TH AND 10TH EVERY YEAR

"VERY INTENSIVE CARE FOR SLOW LEARNERS"

BLOCK 1, MOGAPPAIR EAST, CHENNAI - 600 037.
 www.srikrishnammalhss.in
 srikrishnammalhss@gmail.com
+91 73052 84213

KIDZEE
 NURTURING GEN NEXT
 MOGAPPAIR WEST

ADMISSIONS for 2026 - 2027

PROGRAMS OFFERED:

- ✓ PLAY GROUP
- ✓ NURSERY
- ✓ JUNIOR KG
- ✓ SENIOR KG
- ✓ DAY CARE AVAILABLE

FOR MORE INFORMATION
 ☎ **9176367707**

BUILD A FOUNDATION FOR A LIFETIME OF LEARNING

- HOLISTIC LEARNING**
- SAFE AND SUPPORTIVE ENVIRONMENT**
- EXPERT EDUCATORS**
- STRONG MORAL AND LEADERSHIP EDUCATION**

EDUCATIONAL

**XI & XII CBSE
CHEMISTRY
PHYSICS
X MATHS
& SCIENCE**

**84282 83030
98405 03838**

CATERING

**கோபி
கேட்டரிங் சர்வீஸ்**

தரமான வீட்டு உணவு
வீட்டு தேடி வருகும்

3 வேளை
ஆரோக்கிய
உணவு

FREE HOME DELIVERY
**90805 33730
99529 84414**

SITUATION VACANT

PART-TIME JOB

**EARN MONTHLY
Rs. 20,000 TO 50,000
FROM HOME**

CALL NOW FOR DETAILS
NANDHINI **98409 60482
98840 65215**

MOGAPPAIR WEST
NEAR EB OFFICE
FOR TEXTILES

WANTED

- ACCOUNTANTS
- ASSISTANTS
- FLOOR WORKERS

**MALE/FEMALE
98400 33030**

WANTED SECURITY
செக்யூரிட்டி
தேவை
FOR AN
ORGANISATION IN
MOGAPPAIR WEST
94449 06878

WANTED FEMALE STAFF
PGT CHEMISTRY
PGT HISTORY
PGT/TGT MATHS
TGT COMP. SCIENCE
KG TRAINED
APPLY IMMEDIATELY
IN PERSON OR MAIL
SRI KRISHNAMMAL SCHOOL MOGAPPAIR
73052 84213

**IMMEDIATELY
REQUIRED**

INDIA'S TOP MNC
RETIRED, VRS
OFFICIALS, HOUSEWIFE
AND SELF EMPLOYED
WORK AT YOUR OWN
CONVENIENCE
(FULL TIME/PART TIME),
FIXED SALARY FOR THE
POST CONSULTANT
MANAGER
70326 46356

RENTAL

AYAPAKKAM

**SINGLE BEDROOM
HOUSE FOR RENT
NEAR ZAMAR
MATRICULATION
SCHOOL**
98415 02845

MOGAPPAIR WEST
NR. BUS DEPOT
640 SQFT,
1ST FLR, 2 BHK
FOR RENT,
Rs. 15K
99402 15388

AYANAMBAKKAM
NR. VELAMMAL SCHOOL
3 BHK FLAT
1040 SQ.FT
GROUND FLOOR,
EAST FACING,
MODULAR KITCHEN
COVERED CAR PARKING
FOR RENT
81440 17828

SALE

PADI
KUMARAN NAGAR
2400 SFT.
BUILT UP AREA 2000 SFT.
GROUND FLOOR &
1ST FLOOR FOR SALE
98407 27347

ADAYALAMPATTU
MILLENNIUM TOWN
40X60=2400 SQFT
30X60=1800 SQFT
20X60=1200 SQFT
CMDA APPD
VACANT LAND SALE,
NORTH FACING,
40 FT & 30 FT RD
98843 24116

RESALE FLAT SALE
NOLAMBUR NR. CHAITANYA SCHOOL,
1405 SQFT, UDS 800 SQFT,
2ND FLR, 3BHK, LIFT,
CCP, Rs. 1.15CR

VIGNESH NAGAR
1057 SQFT, UDS-422 SQFT,
E.F, 1ST FLR, 2 BHK,
CCP, Rs. 67L

ERISCHEME MULLAI FLAT
780 SQFT, UDS 575
SQFT, 1ST FLR, 2 BHK,
W.F, Rs. 65L
99401 77426

AYAPAKKAM RESALE APT
750 SQFT, UDS 350 SQFT,
2ND FLR, 2 BHK, GATED
COMMUNITY, RS. 37L

AMBATTUR NR.
RAILWAY STATION,
550 SQFT, UDS 280
SQFT, 20 YRS OLD,
R.I-10K, SALE-22L
90807 60638

3 BHK FLAT FOR SALE
FULLY VITRIFIED TILES,
3 PHASE, VACANT
GOLDEN JUBILEE FLATS GOING
FOR JVC/REDEVELOPMENT
SOON, 1000 SQFT,
UDS-610 SQFT, NO LOAN,
NO MORTGAGES
CASH PARTIES PREFERRED
BROKERS EXCUSE
98405 01999

PLOT FOR SALE
THIRUVERKADU
TTS NAGAR
CMDA APPROVED
30X60=1800 SQ.FT
NORTH FACING
30 FT ROAD
95001 84205

Readers are recommended to make appropriate enquiries before entering into dealings with advertisers who advertise in this publication. The Editor and Publisher does not vouch any claims made by advertisers and hence shall not be held liable for any adverse consequences. Ayanambakkam Times is not responsible for any unsolicited materials received at its office.

Deadline ends: Pets without valid license to be fined

THE Greater Chennai Corporation (GCC) had extended the deadline for obtaining or renewing pet licenses for dogs and cats and this came to an end on May 15. Owners who had not completed the process will have to face a penalty.

The civic body had an upgraded online portal for obtaining licences for pets. Earlier, the deadline for obtaining licences had been fixed as December 14, 2025.

The Corporation explained that the extension had been granted twice to ensure that all owners

obtained or renewed licences within the stipulated period. From May 16 onwards, owners of dogs and cats without valid licences would be fined Rs 5,000.

To assist owners, the free guidance for microchipping, anti-rabies vaccination and licensing procedures was being provided at 11 centres, including seven pet clinics and animal birth control (ABC) centres run by the Corporation. On the other side of it, animal activists alleged that the mandatory licensing drive had led to abandonment of dogs by owners of low income groups.

Southern Railway announces EMU, MEMU cancellations

SOUTHERN Railway announced changes in the pattern of EMU and MEMU trains, including partial and full cancellation of services from May 17 to June 19, owing to pre-non interlocking engineering works at Arakkonam Yard in the Central-Arakkonam section. While several train services between Tiruvalangadu and Arakkonam and back will be affected, city commuters may largely remain unaffected as only three trains originating from or terminating at Moore Market Complex will be fully cancelled in June. A release issued by Chennai

Division said several MEMU services between Moore Market Complex and Tiruchanur, Vellore and Arakkonam will remain fully cancelled between June 6 and June 19, while a few services will be cancelled only on June 19.

Several EMU and MEMU services between Arakkonam and Tiruttani will also remain fully cancelled from May 17 to May 31. In addition, multiple suburban services between Moore Market Complex and Arakkonam will be partially cancelled between Tiruvalangadu and Arakkonam during the same period.

Renovation work on at Bougainville Park in Anna Nagar

By Our Correspondent

RENOVATION works are under way at the Bougainville Park in Anna Nagar, with the Greater Chennai Corporation taking up improvements aimed at enhancing public amenities and restoring the greenery in one of the neighbourhood's popular recreational spaces.

According to Corporation officials, the renovation is being carried out at the park located in Ward 102 under Zone VIII. The civic body has commenced concrete laying works and landscaping activities as part of the first phase of the revamp. The works are expected to improve walking facili-



ties, seating arrangements and the overall appearance of the park, which is frequented by morning walkers, senior citizens and children from nearby residential areas.

Workers and heavy machinery were seen engaged in laying concrete path-

ways and carrying out beautification works inside the park premises. Officials said the renovation was being undertaken following requests from local residents for better maintenance and upgraded facilities.

A senior Corporation

official said that the objective was to make the park safer and more accessible for visitors while preserving the existing tree cover. "The pathways inside the park had become uneven in several stretches due to wear and tear over the years. The renovation will help improve accessibility for senior citizens and children. Landscaping and maintenance works are also being carried out simultaneously," the official said.

Residents of Anna Nagar welcomed the initiative and expressed hope that the park would continue to retain its green character after the renovation. "Bougainville Park

has been an important open space for residents in this area for many years. We are happy that the Corporation has finally taken up renovation works. At the same time, we hope the greenery and old trees are protected during the process," said Srinivasan, a regular visitor to the park.

Another resident said parks played a crucial role in densely populated urban neighbourhoods. "People come here every day for walking, exercise and relaxation. Well-maintained parks are essential for mental and physical well-being, especially for children and elderly residents living in

apartment complexes," she said.

Some residents also urged the civic body to ensure periodic maintenance after the renovation is completed.

"In many parks, facilities improve initially but later fall into neglect because of lack of upkeep. Regular maintenance, proper lighting and security are equally important," said a resident of Anna Nagar West.

Corporation officials said the ongoing works would be completed in phases and additional improvements would be considered based on public feedback and requirements of the locality.

If you or your neighbours are facing any civic problems such as water logging, stray dogs menace, garbage dump on vacant sites and so on. Don't hesitate to send a photo with a caption to mogappairmail@gmail.com or alert us at 4269 0063.

Motorists welcome shade net at busy Mogappair Junction

By N Rathi Chithra

In a welcome relief for commuters battling the scorching summer heat, green shade net has been installed above the traffic signal at the Park Road Junction near Padikuppam Road on the busy Thirumangalam-Mogappair stretch.



The initiative, undertaken by the Greater Chennai Corporation (GCC), has drawn appreciation from motorists, many of whom say the simple intervention has made waiting at the signal considerably more bearable during peak afternoon hours.

The shade net, stretched across portions of the junction, provides cover for vehicles halting at the signal. With temperatures soaring in recent weeks, motorists said even a few minutes under shade offers significant comfort.

"It may look like a small step, but it makes a big difference," said Ayyan, a daily commuter from Mogappair East. "Usually,

waiting at this signal in the afternoon feels unbearable because of the direct heat. Now at least there is some protection."

Several motorists passing through the junction said similar shade arrangements should be introduced at other busy intersections in Anna Nagar, Mogappair and nearby neighbourhoods where traffic congestion forces commuters to wait for long periods under the sun.

"Signals at places such as Anna Nagar Roundana, Collector Nagar and parts of Mogappair West also see heavy traffic. The

Corporation should consider installing more shade nets there," said Supriya Raman, an office-goer who uses the stretch daily.

Auto-rickshaw drivers and two-wheeler riders, who are among the worst affected during summer afternoons, particularly welcomed the move. "For people like us who spend the whole day on the road, even a little shade is a blessing," said Selvam, an autorickshaw driver waiting at the signal.

However, the installation has also triggered a larger conversation on shrinking green cover and

the disappearance of avenue trees that once naturally shaded roads.

"Years ago, roads in Anna Nagar and Mogappair had thick avenue trees. People could travel comfortably even during summer," said resident activist Balasubramanian. "Now many trees have been cut for road widening, Metro Rail work and infrastructure projects. Shade nets may help temporarily, but the long-term solution is restoring tree cover."

Some residents echoed similar concerns, pointing out that artificial shade structures should not be-

come a substitute for sustainable urban planning.

"Cities need trees, not just temporary arrangements," said college student Deeptha. "The nets are useful, but this should also remind authorities about the importance of protecting and planting avenue trees"

Corporation officials

said the initiative was aimed at providing immediate relief to road users during the peak summer season. Residents, meanwhile, hope the move will pave the way for both more commuter-friendly infrastructure and renewed attention to Chennai's fading urban greenery.

LEARN TO SWIM
SUMMER CAMP

"Learn and practice swimming at young age and lead a healthy life for ever"

DOLPHIN SWIMMING ACADEMY

TALENT IDENTIFICATION PROGRAM

LEARN TO SWIM CLASSES

MORNING TIMINGS

6 to 7 AM & 7 to 8 AM

8 to 9 AM & 9 to 10 AM

10 to 11 AM & 11 to 12 PM

4 th Batch	15 th May to 31 st May	EVENING TIMINGS
5 th Batch	2 nd June to 18 th June	3 to 4 PM
6 th Batch	19 th June to 5 th July	4 to 5 PM
7 th Batch	7 th July to 23 rd July	5 to 6 PM

CLASSES PROFESSIONALLY CONDUCTED

State Sports Complex, Block 8, Mogappair West, Chennai - 37.

Ph: 94449 06878 / 94449 55878 / 79027 08095

93450 04088 / 044-2653 4211

CLASSES FREE FOR UNDERPRIVILEGED STUDENTS

Pragg Ends Sindarov's Unbeaten Run

By R Srinivasa Raghavan

FORMER Velammallian Rameshbabu Pragganandhaa ended the 53-game unbeaten streak (in classical) of Javokhir Sindarov in the second round of the Super Chess Classic in Bucharest on Friday. After suffering two losses to Uzbek at the recently concluded Candidates, Pragg played well to outwit Candidates winner in the second leg of Grand Chess Tour (GCT). Pragg shares the lead with Vincent Keymer and Maxime Vachier-Lagarve (all 1.5/2). Seven rounds still remain.



Pragg started the tournament on a shaky note, salvaging a draw from a losing position against Alireza Firouzja in the first round.

Vachier-Lagarve, who finished overall second in the last edition of GCT, posted a victory over his French compatriot Firouzja in a complicated game. It has been a good

start for French No.2. Keymer was the third player to register his first win, which came at the expense of local hope Bogdan Daniel-Deac.

Faustino 2nd Youngest GM

Faustino Oro became the second youngest Grandmaster (GM) in the history of chess, making his third GM norm at the Sardinia World Chess Festival in Sardinia, Italy.

The Argentine youngster accomplished this feat in 12 years, six months and 26 days.

USA's Abhimanyu Mishra holds the record for being the youngest GM, which was achieved in 12 years, four months and 25 days.

Oro, who is dubbed as Messi of Chess, ended the tournament in 16th place, scoring six points. Frederik Svane emerged champion with 7.5 points in nine rounds.

Haik M Martirosyan and Ian Nepomniachtchi (both 7) came second and third respectively. Karthikeyan Murali (6.5) was India's top performer, taking the sixth spot.

Small Footprint, Big Impression

Construction Cost Starts from

₹.2200/-

Per Sq.ft.

POCKET HOME

Call us at 89390 04855

TO EXPLORE THE WORLD OF POCKET HOME AND UNLOCK THE POTENTIAL OF SMALL PLOT LIVING

Auto-debit to enable customers pay bills on time

DOMESTIC, commercial and other low-tension electricity consumers in the state can now pay the electricity bill by enabling the auto-debit facility. This will ensure timely payment of power consumption charges and avoid penalties. Tamil Nadu Power Distribution Corporation Ltd (TNPDC) has introduced this system in collaboration with the Federal Bank through the National Automated Clearing House (NACH) platform.

All low-tension consumers, including household services, can register on TNPDC website for auto-debit facility by submitting the bank account details and Aadhaar-based authentication.

Once the autopay facility is activated, the consumption charges will be automatically debited from the linked bank account on the 10th day from the date of assessment, and an e-receipt will be generated. TNPDC has also provided the option of cancelling the auto-debit facility on its website. In case of failure of payment due to insufficient funds and other reasons, the consumers will be informed through SMS and e-mail, and bill payment can be done through alternative modes.

Garlic, mighty ingredient used for centuries to support good health

GARLIC isn't just for adding flavor to your favorite meals — it's also packed with health benefits. From helping your heart to boosting your immune system, this small but mighty ingredient has been used for centuries to support good health.

Why Is Garlic Good for You?

Garlic belongs to the same family as chives, leeks and onions. It contains a natural compound called allicin, which is known for its antimicrobial and antioxidant properties. Allicin is released when garlic is chopped or crushed, giving it strong health-boosting properties. Garlic is also full of vitamins and minerals like vitamin C, vitamin B6, manganese and selenium, which help your body stay strong and healthy.

"Garlic isn't just tasty; it's

also a natural way to keep your body in good shape," says a report.

How Garlic Helps Your Body

Garlic has been studied for many years, and research shows it has a variety of health benefits. Here are some ways garlic contributes to your well-being:

Promotes Heart Health

Studies indicate that garlic can support a healthy heart by lowering blood pressure and reducing bad cholesterol (LDL) while increasing good cholesterol (HDL). It also helps relax blood vessels and keep your blood flowing smoothly, which can lower the risk of heart disease and stroke.

Additionally, garlic has been shown to aid in blood sugar regulation, which is essential for maintaining overall heart health. Re-

search suggests that garlic can lower fasting blood sugar levels and enhance insulin sensitivity. These



effects are attributed to garlic's antioxidant properties and its ability to support the secretion and activity of insulin. By managing blood sugar levels, garlic not only benefits metabolic health but also contributes to reducing cardiovascular risk.

Boosts Your Immune System

Garlic's natural antimicrobial and antiviral properties help your body fight off colds, the flu and other infections. Studies show that eating garlic regularly can reduce how often you get sick and make your symptoms less severe.

Protects Your Cells

Garlic contains antioxidants, which protect your cells from damage caused by free radicals. This can help lower the risk of conditions like Alzheimer's disease.

Supports Digestive and Gut Health

Garlic acts as a prebiotic, promoting the growth of good bacteria in your gut. A healthy gut is important for digestion, your immune system and even your mental health. Incorporating garlic into your diet can improve your overall gut health.

How Much Garlic Should You Eat?

To maximize garlic's health benefits, experts recommend consuming one to two raw garlic cloves per day. Cooking garlic can reduce some of its healthy compounds, but letting it rest for 10 minutes after crushing or chopping helps keep its nutrients. *Agencies*

Yadesh hopes to be at the Asian Games this year

MS Yadesh Babu is one of the fastest growing swimmers in the country. The 22-year-old had a breakthrough in 2025, winning his maiden National title in the 50m Breaststroke at Bhubaneswar. He followed it up by being part of the winning team in the 4x100m Mixed Medley Relay. Yadesh, who is currently studying MBA in SRM University (Vadapalani), hopes to get selected for the 2026 Asian Games in Aichi-Nagoya, Japan. This is one of his main goals for this year. Swimming started as a fun activity before becoming a passion for Yadesh.

Having the full support of his parents: Mother Theeba and Father M V Suresh, Yadesh has been enjoying his pursuit of excellence in swimming without any pressure from his parents. Yadesh shares his views on growth in swimming, influence of coaches, his academy etc in a Whatsapp interview with *Mogappair Mail*.



Mr Meghalaya Reddy, Member secretary, Sports Development Authority of Tamilnadu (centre) flanked by Yadesh Babu (right) and Mr K T Muraleedharan, Chief coach, SDAT - Dolphin Academy

Q: How did you get interested in swimming?

A: Yours Truly, my brother and dad would go to the government pool every weekend to chill and play. I learnt how to swim like that. It became a hobby. My school introduced swimming as an extracurricular activity. My brother made an initiative to join, convincing our parents by swimming in the school pool. The swimming teachers met my parents and suggested putting

me in a professional club for competitive swimming at Madurai in 2014.

Q: On the role of your parents in your swimming growth.

A: My parents are one of the most supportive pillars for me. They don't have any expectations from my swimming because they know that having big expectations can put a lot of pressure mentally and physically on the

child. They give their 100% from their side. My part is to work hard, besides being responsible with my swimming life.

Q: Where do you train everyday?

A: SDAT-Dolphin Swimming Academy (Chennai) by coaches KT Muraleedharan and Ms AR Rani Anisia.

Q: How many hours do you train everyday to become a better swimmer?

A: I usually train for five to six hours of swimming every day. I also work in the gym for about 60 to 90 minutes.

Q: What are your goals for 2026?

A: I will give my best in the upcoming Senior State and Nationals. I also hope to get selected for the 2026 Asian Games.

Q: Which swimmer inspired you the most?

A: S Danush is my inspiration. He pushes swimmers like me to

HIGH FIVE

2025: Winning 50m Breaststroke gold in National Championship

Being part of the gold winning 4x100m Mixed Medley team in National Championship

Winning 50m Breaststroke gold in All India University Nationals

Being member of the gold winning 4x100m Freestyle Relay Team in All India University Nationals

Winning 100m Breaststroke gold in CM Trophy

higher levels. Danush sets a benchmark, which will challenge swimmers and push them hard. I have competed and raced with him till now. I always enjoy racing with him and learning many things.

Q: What are your other interests besides swimming?

A: My other interests are learning about new swimming updates and riding motorcycles.

(As told to K Srinivasa Raghavan, senior sports correspondent)

Hard work pays off: Coach

Taking a walk down memory lane was KT Muraleedharan and Mrs AR Rani Anisia the Chief and Head Coach respectively of SDAT Dolphin Swimming

Academy. "It has been a long journey with innumerable sacrifices and challenges faced, especially in the early years to secure funds to build the swimming pool. Though a patient wait, the ultimate dream to produce a champion of calibre now seems to become a reality," Mura-

leedharan opined.

"We feel proud that all the hard work, perseverance put in has now started to produce results. Today many talented swimmers are being groomed at our academy, showing great promise and dedication. Our ward Yadesh's selection

as probable for the Asian Games in Aichi-Nagoya, Japan later this year stands testimony to it," he added.

"Our gratitude to SDAT for their great support and we look forward to continuing this journey in the years to come," he concluded.



Firm's Banquet Hall

A host for your party dream

AN INITIATIVE OF FIRM FOUNDATIONS & HOUSING PVT LTD.

Celebrate

YOUR SPECIAL DAY IN A SPECIAL PLACE

- ❖ WEDDINGS
- ❖ BETROTHALS
- ❖ RECEPTIONS
- ❖ BIRTHDAYS
- ❖ BABY SHOWERS
- ❖ COMPANY EVENTS
- & MUCH MORE



**SMALL GATHERINGS
(50-100 PEOPLE)
AND GET-TOGETHERS**

CALL : +91 44 2628 8595 | 95000 98595

Q-95, 3rd Avenue, Anna Nagar, Chennai - 600040.
mail@firmsbanquet.com | www.firmsbanquet.com

Chennai Central gets electric patrol scooters

THE Railway Protection Force (RPF) has introduced electric three-wheeler patrol scooters at Dr. M.G.R. Chennai Central Railway Station to strengthen passenger safety, surveillance, and crowd management.

The newly deployed battery-operated vehicles, called 'TRIKE', will be used by RPF personnel for patrolling platforms, concourses, and circulating areas, particularly during peak hours when passenger movement is high.

Officials said the electric scooters are equipped

with advanced features such as GPS tracking, RFID-based ignition systems, sirens, and public address systems. With a maximum speed of 15 km/h, the vehicles are designed to enable quick response during emergencies and improve on-ground assistance for passengers. Railway authorities noted that the initiative will significantly enhance mobility for security personnel within the station premises, helping improve monitoring and rapid intervention in case of crowding or security concerns at one of



Tamil Nadu's busiest railway hubs. Similar electric patrol scooters are expected to be rolled out soon across other key stations under the Chennai Division. Officials said the move is part of Indian Railways' broader modernisation and green mobility push, aimed at improving station security while adopting eco-friendly transportation solutions.



இன்று 92-வது வார்டு முகப்பேர் பகுதியில் உள்ள பூங்காக்களின் மேம்பாடு மற்றும் சீரமைப்பு பணிகளை, மாமன்ற உறுப்பினருமான திரு. K.V. திலகர் அவர்கள் நேரில் ஆய்வு செய்தார். பொதுமக்களின் கோரிக்கைகளை ஏற்று, பணிகளை விரைவாகவும் தரமாகவும் முடிக்குமாறு அதிகாரிகளுக்கும் ஒப்பந்ததாரர்களுக்கும் அறிவுறுத்தினார்.



Admissions Open For AY 2026-27



Building Fluent Speakers and Confident Communicators.

Powered by **HEUREKA**

PlayGroup 2 to 3 Years	Nursery 3 to 4 Years	EuroJunior(LKG) 4 to 5 Years	EuroSenior(UKG) 5 to 6 Years
---------------------------	-------------------------	---------------------------------	---------------------------------

DAY CARE & TRANSPORT FACILITY AVAILABLE

a part of LIGHTHOUSE LEARNING GROUP

MOGAPPAIR WEST MIG 241 A&B, TNHB, 8th Main Road, Nolambur Phase 1, Chennai - 600 037. Ph: +91 90030 20410 / +91 73589 64520	MADURAVOYAL No. 2, Veerabagu Street, Karthikeyan Nagar, Chennai - 600 095. Ph: +91 91502 71411 / +91 73589 64520
---	--




THE LEO ACADEMY OF EXCELLENCE

ANNA NAGAR, CHENNAI

GRADE XII RESULT 2025-26

CONGRATULATIONS TO OUR ACHIEVERS **ADMISSION OPEN** 2026/27

<div style="border: 1px solid black; padding: 5px; background-color: blue; color: white;"> <p style="font-weight: bold; margin: 0;">SECOND PLACE</p>  <p style="font-weight: bold; margin: 0;">NAUFAL T</p> <p style="margin: 0;">453 / 500</p> </div>	<div style="border: 1px solid black; padding: 5px; background-color: blue; color: white;"> <p style="font-weight: bold; margin: 0;">FIRST PLACE</p>  <p style="font-weight: bold; margin: 0;">SANJANA KUSHWAHA</p> <p style="margin: 0;">465 / 500</p> </div>	<div style="border: 1px solid black; padding: 5px; background-color: blue; color: white;"> <p style="font-weight: bold; margin: 0;">THIRD PLACE</p>  <p style="font-weight: bold; margin: 0;">JHANVI A & BHUVANESHWARAN L</p> <p style="margin: 0;">433 / 500</p> </div>
---	--	---

100% RESULT **SUBJECT WISE TOPPERS**

<table style="width: 100%; border-collapse: collapse;"> <tr><td style="padding: 2px;">ENGLISH</td><td style="padding: 2px;">Tharunika P - 97</td></tr> <tr><td style="padding: 2px;">BUSINESS STUDIES</td><td style="padding: 2px;">Sanjana Kushwaha - 95</td></tr> <tr><td style="padding: 2px;">ECONOMICS</td><td style="padding: 2px;">Sanjana Kushwaha - 95</td></tr> <tr><td style="padding: 2px;">PHYSICAL EDUCATION</td><td style="padding: 2px;">Jhanvi A - 95</td></tr> <tr><td style="padding: 2px;">COMPUTER SCIENCE</td><td style="padding: 2px;">Naufal T - 94</td></tr> </table>	ENGLISH	Tharunika P - 97	BUSINESS STUDIES	Sanjana Kushwaha - 95	ECONOMICS	Sanjana Kushwaha - 95	PHYSICAL EDUCATION	Jhanvi A - 95	COMPUTER SCIENCE	Naufal T - 94	<table style="width: 100%; border-collapse: collapse;"> <tr><td style="padding: 2px;">ACCOUNTANCY</td><td style="padding: 2px;">Sanjana Kushwaha - 91</td></tr> <tr><td style="padding: 2px;">MATHEMATICS</td><td style="padding: 2px;">Naufal T - 91</td></tr> <tr><td style="padding: 2px;">APP. MATHS</td><td style="padding: 2px;">Sanjana Kushwaha - 90</td></tr> <tr><td style="padding: 2px;">CHEMISTRY</td><td style="padding: 2px;">Naufal T - 88</td></tr> <tr><td style="padding: 2px;">PHYSICS</td><td style="padding: 2px;">Naufal T - 86</td></tr> <tr><td style="padding: 2px;">BIOLOGY</td><td style="padding: 2px;">Abinesh E - 84</td></tr> </table>	ACCOUNTANCY	Sanjana Kushwaha - 91	MATHEMATICS	Naufal T - 91	APP. MATHS	Sanjana Kushwaha - 90	CHEMISTRY	Naufal T - 88	PHYSICS	Naufal T - 86	BIOLOGY	Abinesh E - 84
ENGLISH	Tharunika P - 97																						
BUSINESS STUDIES	Sanjana Kushwaha - 95																						
ECONOMICS	Sanjana Kushwaha - 95																						
PHYSICAL EDUCATION	Jhanvi A - 95																						
COMPUTER SCIENCE	Naufal T - 94																						
ACCOUNTANCY	Sanjana Kushwaha - 91																						
MATHEMATICS	Naufal T - 91																						
APP. MATHS	Sanjana Kushwaha - 90																						
CHEMISTRY	Naufal T - 88																						
PHYSICS	Naufal T - 86																						
BIOLOGY	Abinesh E - 84																						

For Admission 7305 666 486 / 7305 666 487




SUMMER CAMP 2026

Dive Into Fun!

Learn to Swim in Just 16 Days!

No More Fear of Water
Just Fun & Fitness!

Limited slots available

REGISTER NOW!

KEY HIGHLIGHTS

- One of the Best Rated Indoor Swimming Pools
- 100% Indoor & Tan-Free Swimming Experience
- Safe, Hygienic & Comfortable Environment
- Certified NIS & ASCA Coaches
- 10+ Years of Professional Coaching Experience
- Lady Coach Available
- Kids / Ladies / Adults
- Beginner to Advanced Levels Available

Batch Timings

<p style="font-weight: bold; margin: 0;">Morning</p> <p style="margin: 0;">6.00 - 7.00</p> <p style="margin: 0;">7.00 - 8.00</p> <p style="margin: 0;">8.00 - 9.00</p> <p style="margin: 0;">9.00 - 10.00</p>	<p style="font-weight: bold; margin: 0;">Evening</p> <p style="margin: 0;">3.00 - 4.00</p> <p style="margin: 0;">4.00 - 5.00</p> <p style="margin: 0;">5.00 - 6.00</p>
---	--

Certificate Included
No Extra Cost

One of the Best Rated (4.8 ★★★★★) Swimming Pools and Gym Classes in Chennai on Google 1,000+ Happy Reviews

MORE DETAILS CONTACT:

94440 14860 | 94449 56020

No. 5A, Sriram Nagar Main Road, Sakthi Nagar, Nolambur, Chennai - 600 095

Scan this code for the location

